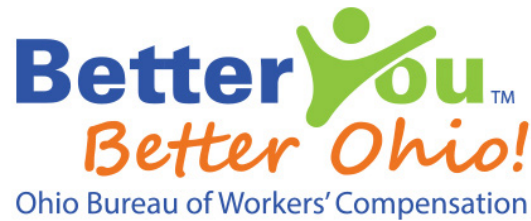


# Safety Update

## Ohio BWC Library



### Introducing Better You, Better Ohio!™

The backbone of a successful business is its workers, and the backbone of Ohio is its workforce. At BWC, we take our mission to take care of Ohio's workforce seriously.

That's why we're offering **Better You, Better Ohio!**™ – a program that provides health and wellness resources and services to workers who work for small employers (50 or fewer workers) in select high-risk industries. We designed BetterYou, Better Ohio! to help workers and their employers at no cost and through a simple, paperless process.

Employers can reap great benefits from having a healthy workforce. Healthy employees are less prone to injury. And, when they are injured, their ability to recover is enhanced greatly. Overall, employers with a healthy workforce have lower workers' compensation and health-care costs.

Meanwhile, workers can take steps to improve their health and wellness such as completing a health assessment and a biometric screening, digital coaching and more. As a bonus, workers can earn financial rewards by completing various steps in the program. To learn more, visit our [BetterYou, Better Ohio! webpage](#).

#### NIOSH/CDC News

##### TWH symposium

The National Institute of Occupational Safety and Health (NIOSH) sponsors the [International Symposium to Advance Total Worker Health \(TWH\)](#). It's the only NIOSH-sponsored public conference focused solely on advancing TWH research, practice, policies and programs. The symposium examines opportunities to make workplaces safer and improve the health and well-being of the workforce across the nation and world. BWC is a presenting partner for this event.

##### Under-reporting of Workplace Injuries

A NIOSH-funded study in Michigan published in the *American Journal of Industrial Medicine* found the actual rate of work-related crushing injuries much higher than reported. The study showed work-related crushing injuries were 2.5 times higher than the number reported to the U.S. Bureau of Labor Statistics from 2013 to 2015. These results support the use of multisource surveillance for workplace injuries. Read the full article [here](#).

## Construction FACE Database

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The [Construction FACE Database \(CFD\)](#) is a database in Excel created by CPWR –The Center for Construction Research and Training – to facilitate use of the information provided by the NIOSH Fatality Assessment and Control Evaluation (FACE) Reports. These reports contain information on construction fatalities and recommendations for future injury prevention. Summaries are available for two CPWR published papers on the data:

- [The construction FACE database - Codifying the NIOSH FACE;](#)
- [Fatal falls and PFAS use in the construction industry: Findings from the NIOSH FACE.](#)

## OSHA News

### Safe + Sound Campaign

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The Occupational Safety and Health Administration (OSHA) [Safe + Sound Campaign](#) encourages every workplace in the United States to have a safety and health program that includes:

- Management leadership;
- Worker participation;
- A proactive approach to finding and fixing hazards.

### Winter Weather Safety

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Thunderstorms one day, snow the next. We know Ohio winter weather can be erratic. It is a safe bet that we haven't seen the last of the cold and snow. OSHA has a [winter weather website](#) filled with information to keep you safe while working and traveling in the cold.

### Don't Forget Your Form 300A

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Each year, from Feb. 1 and April 30, employers must display the OSHA form 300A, Summary of Work-Related Injuries and Illnesses. Employers must exhibit the form in a common area where they usually post notices to employees. Businesses with 10 or fewer employees and those in certain low-hazard industries are exempt from these recordkeeping and posting requirements. OSHA's [Recordkeeping Rule webpage](#) has more information on recordkeeping requirements.

### New OSHA Publication

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OSHA released a new Fatal Facts publication, [Confined Space Entry on a Farm](#). The fact sheet examines an incident in which a worker asphyxiated inside a whey storage tank. It provides information on how to avoid this type of incident.

## Other News

### Seat Belt Use is Up

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The Federal Motor Carrier Safety Administration released a summary of results from its national field data collection program in a report titled [Seat Belt Usage by Commercial Motor Vehicle Drivers](#). The survey found that the estimated overall safety belt usage rate for drivers of all medium and heavy-duty trucks and buses was 83.6 percent in 2013. It's now 86.1 percent.

## Eat Your Veggies

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Most Americans do not eat the recommended amount of fruits and vegetables according to a survey from the Centers for Disease Control (CDC). The CDC report, [Disparities in State-Specific Adult Fruit and Vegetable Consumption — United States, 2015](#), indicates that in Ohio only 10.6 percent of respondents ate recommended fruits and 6.9 percent ate recommended vegetables. The report noted men, young adults and adults living in poverty overall had lower intakes. Even states with the highest numbers averaged less than 15 percent for fruit and 12 percent for vegetables.

## The State of Safety

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The National Safety Council (NSC) prepared an [infographic](#) outlining the overall state of safety in the U.S. at the start of 2018. The document represents injuries, regulations and occupational outlook.

## Occupational Safety Surveillance

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The National Academy of Sciences released a report titled [A Smarter National Surveillance System for Occupational Safety and Health in the 21st Century](#). The report concludes “The nation needs a robust OSH surveillance system to provide this critical information for informing policy development, guiding educational and regulatory activities, developing safer technologies, and enabling research and prevention strategies that serves and protects all workers.”

## NFPA Standard Under Development

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The National Fire Protection Association (NFPA) is developing a new standard, [NFPA 3000, Standard for Preparedness and Response to Active Shooter and/or Hostile Events](#), as a provisional standard. Comments are open until Feb. 23, 2018. The NFPA issues a provisional standard when there is a serious life safety concern that warrants an abbreviated standards development process.

## Entering and Exiting Large Vehicles Video

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The Oregon State Accident Insurance Fund Corp. produced two videos, one in [English](#) and one in [Spanish](#), on how to enter and exit large vehicles safely. The theme, 3 is Key, describes that to avoid injury, maintain three points of contact when climbing into and out of trucks, tractors and other big equipment.

## Ladder Safety Video

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The Montana State Fund created this [ladder safety video](#). More than 30,000 people are hurt each year falling off ladders. Stay safe by learning the five steps to ladder safety.

## Cost of Collision App

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The Network of Employers for Traffic Safety (NETS) estimates the annual cost of crashes to employers is \$47.8 billion. NETS created an [online app](#) to calculate a company’s cost of crashes. There are three components, on-the-job crash costs, off-the-job crash costs and a return on investment guidance calculator for investment in safe driving programs.

Please contact the [library@bwc.state.oh.us](mailto:library@bwc.state.oh.us) or 614-466-7388 for more information on any of these items.