

## What is considered First Aid?

- Non-prescription drugs at nonprescription doses
- \* Tetanus immunization
- Cleaning, flushing, soaking wounds on skin surface
- Use of bandages, butterfly,
  Steri-strips
- Hot or cold therapy
- Non-rigid supports
- \* Drilling nail to relieve pressure
- \* Drain fluid from blister

- \* Use eye patch
- Foreign body removed from eye with irrigation or cotton swab
- Remove splinter or foreign material by irrigation, tweezers, cotton swab
- \* Use finger guards
- Massage (physical therapy and chiropractic treatment are medical treatment)
- \* Drinking fluids for heat stress relief

## **Notify OSHA**

## You must notify OSHA for:

- ⇒ Fatality within 8 hours
- $\Rightarrow$  Hospitalization (1 or more) within 24 hours
- ⇒ Amputation within 24 hours
- $\Rightarrow$  Loss of Eye within 24 hours

## 1-800-321-OSHA (6742) or local area office



614-890-0800

**OSHA Area Offices:** 

**Columbus -** (614) 469-5582 **Cincinnati -** (513) 841-4132

**Cleveland -** (216) 447-4194 **Toledo -** (419) 259-7542